

Obesity – Questions by Topic (MCQ)

Q1.

Which of the following best describes situations where disinhibition leads to overeating?
Write **A**, **B**, **C**, or **D** in your answer book.

- A** When environmental cues trigger a loss of control.
- B** When it would seem rude not to eat what you are given.
- C** When you are so hungry you cannot stop eating.
- D** When you do not care what other people think about you.

(Total 1 mark)

Q2.

Below are four evaluative statements about the boundary model of obesity.
Which statement is **TRUE**? Write **A**, **B**, **C**, or **D** in your answer book.

- A** The model ignores the role of cognition in eating behaviour.
- B** The model only explains the behaviour of restrained eaters.
- C** The model takes account of biological factors in eating behaviour.
- D** The model takes no account of the effect of motivation on eating behaviour.

(Total 1 mark)